

# RICHMOND EDUCATION CENTRE/ACADEMY

March NEWS 2024



## PRINCIPAL'S MESSAGE:

Spring is just around the corner, and we are in full swing with the course selection process for the 2024-2025 school year! February was a busy month, with report cards for gr. 9-12 students, second semester starting and winter carnival activities 😊

March Break is just days away, and before we know it, it will be June! Please feel free to reach out with any questions or suggestions 😊

Sincerely,

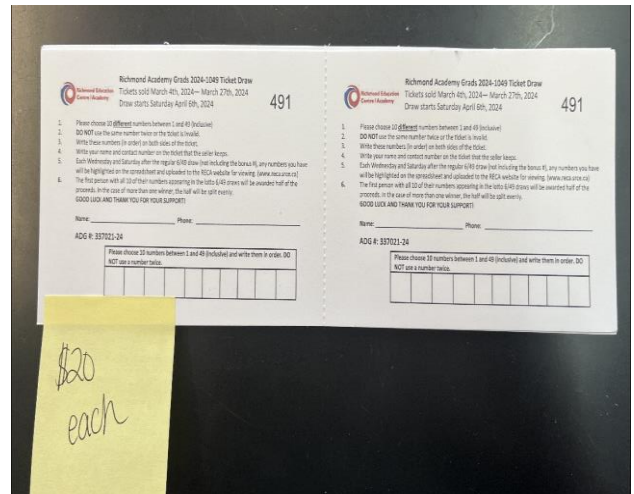
Lisette MacDonald, Principal



## DATES TO REMEMBER:

- No Classes gr.5-8. Reg.classes gr.9-12- March 8thth
- March 11-15<sup>th</sup>-March Break
- March 29<sup>th</sup>- Good Friday
- April 1<sup>st</sup>- Easter Monday

## Safe Grad



The RECA Grads 2024 are selling 10-49 tickets to help fundraise for Safe Grad activities!! If you would like to purchase one, please check with a grad or contact the school before March 27th 😊

## Guidance



## News

### Gr. 5-12 Winter Fun for ALL!!!

Winter sports are lots of fun and a great way to destress, but you have to know how to play safe.

**STAY WARM:** No matter which winter sport you choose, staying warm is important. The right clothing and equipment will help you do that. Your body **needs** to stay warm to work properly. And when your body is at the right temperature, it won't need to spend as much energy getting warm

**FUN IN THE SUN:** Don't forget to put on sunscreen (minimum SPF 15) when you're skiing, sledding, skating, or snowboarding. Sunlight reflects off all that bright white snow and ice and back onto your face – so cover up with sunscreen (even when it's cloudy outside).

**SLEDDING:** Sledding can be a great time – as long as you're doing it safely. Make sure your sled

is sturdy and not cracked; wear protective gear (helmet and gloves); pick a hill that isn't too steep, free of ice and debris and away from the road; finally, don't let any motorized vehicles pull it. Power it yourself!

**SKATING:** Whichever ice sport you like, one rule is always the same: only skate on approved ice. If the area is blocked off, be sure to stay away from that area. Also, make sure skates fit properly, you have the proper safety gear, and watch out for those around you.

**SKIING & SNOWBOARDING:** Before you hit the slopes, make sure you have the right equipment & safety gear – and that it fits you correctly. Equipment that is too big or too small will make it hard for you to keep control. Finally, don't forget to share the trail! Watch out for others to avoid collisions.

As the school year progresses, please feel free to contact me by email: [denise.chiasson@srce.ca](mailto:denise.chiasson@srce.ca) .

## Student Achievement



**Joe, Carlin and Maddox experimenting with Newton's First Law of Motion-Physics 11-with Mr. Phil Samson**





Byron Short-Welding his fire pit in the Skilled |  
Trades Building-with Mr. Gary Samson

## NOVA SCOTIA INTERNATIONAL STUDENT PROGRAM: BECOME A HOST FAMILY



The Nova Scotia International Student Program (NSISP) is a joint venture between the provincial Department of Education and Early Childhood Development and the seven English language Regional Centres for Education. With over 1,000 full-time students, the NSISP is one of the largest international student programs in Canada.

The Strait Regional Centre for Education has hosted students from numerous countries in a variety of programs, including Short Term Programs, Teacher Internship Programs and academic semesters/full academic years at the junior high and senior high level.

Please contact Chris Penny for further information [chris.penny@srce.ca](mailto:chris.penny@srce.ca)

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FB Group link: <https://www.facebook.com/groups/10611043778980>

SchoolsPlus Presents:

# LEARN TO COOK!

Where: RECA  
When: Wednesday March 13<sup>th</sup>, 2024  
Time: 10:00am-12:00pm  
Who: Grades 6,7,8  
Cost: FREE!

Pre-registration is required by emailing Kayla Landry @ [kayla.landry@srce.ca](mailto:kayla.landry@srce.ca)

Students will learn how to prepare one simple breakfast and lunch!